Rugby Urban Orienteering event

West Midlands Urban league / Level C

Sunday, 13th August 2023. Afternoon start times: 13:00 - 14:30

A WMUL event around Rugby Town Centre suitable for everyone from the absolute beginner (help and advice available) to the experienced orienteer.

Assembly: The event will be based at the Athletics track at the Queen's Diamond Jubilee Centre, Bruce Williams Way, Rugby. CV22 5LJ.

Enquiries and Download will be in the Rugby and Northampton athletics clubhouse at the track.

Car Parking: We have been asked by the Diamond Jubilee Centre not to use their car park as it gets busy on a Sunday. Instead, please use the off-street car parks in Rugby town centre:

- Gas Street Carpark. CV21 2TX. Free on Sunday
- Old Market Place Carpark also CV21 2TX, accessed from Railway Terrace (Free)
- John Barford car park, off James Street and/or Railway Terrace, CV21 2SL. Sundays £1.00 pay by RingGo App
- Other parking in Rugby: https://www.rugby.gov.uk/directory/8/car-parks and parking fee

Allow a 15-minute walk to Assembly

Late pre-entry on <u>Fabian4</u>: Late entries will be accepted until midnight on Thursday 10th August whilst printed maps are still available.

Limited entries on the day (EOD) will be accepted until 14:00 subject to printed maps still being available.

Start times: 13.00-14.30

Late entry & EOD Fees: Seniors £10, Juniors and full-time students £4, SI hire (non-SIAC) £1

Punching: SI (controls SIAC enabled)

Final course info and WMUL classes: Straight line distances – expect to run 20-30% further.

Course	Length	Climb	Controls	Class	
1	9.1km	100m	31	MO	
2	7.8km	70m	29	M40+	WO
3	6.4km	60m	27	M55+	W40+
4	4.5km	40m	21	M65+	W55+
5	3.7km	40m	18	M75+	W65+
6	2.9km	30m	16		W75+

When maps were sent for printing (7th August) there were no pre-entries for either of the Junior courses (7 or 8). No maps have been printed for these courses and they are not available for late entry or EOD.

An adult Novice course is also available using Course 6

Pictorial loose control descriptions will be available in the pre-start for all courses. Course 6 will be printed with text descriptions on the map.

Facilities: Toilets are available in the clubhouse and in the Diamond Jubilee Centre.

IMPORTANT COMPETITOR / SAFETY INFORMATION

- All available courses go into central or residential areas of Rugby. Care must be taken at all times when crossing roads. These courses are not suitable for unaccompanied juniors under 16.
- Courses 1-3: have a double-sided map. Turn over for part 2
- Courses 1-5: have both a 90-second timed-out road crossing and an underpass that must be used to enter/exit an area surrounded by a busy road. The road is marked as OOB with the usual purple cross-hatch.
- **Courses 1-3 & 6:** have a few controls in an old railway cutting. Depending on your route choice, you may encounter long grass/undergrowth and steep slopes (which may be muddy).
- No blank maps will be displayed in the start lanes however the 2017 map is available on OD Routegadget <u>here</u>
- Forbidden to Cross and Special symbols: are included with the full legend on page 3 and competitors should be aware of the standard representation of an underpass or tunnel which is now different to that used in the 2017 map.

Map: ISSprOM 2019-2 map at 1:4000 scale, updated 2023 by Bruce Bryant.

Maps will have a minimal legend but a full legend will be displayed both at Enquiries & in the pre-start and is included on page 3.

Dogs: Dogs on short lead will be allowed at the Athletics track. No dogs will be allowed to accompany those on the courses.

Officials:

Organiser: Bob.Brandon42(at)gmail.com (07943 501 139 texts)

Planner: Mark Rookledge OD Controller: Roger Edwards LEI

COVID: Please do not come if you have symptoms of Covid-19, or suspect you may have it.

Safety and Risk:

A risk assessment will have been carried out by the organiser, but participants take part at their own risk and are responsible for their own safety during the event. If you have a high-risk medical condition you want organisers to be aware of please leave details at enquiries in a sealed envelope with your name on it. You can use this medical form. Envelopes will only be opened if required for a medical emergency. Unopened envelopes should be collected after the event. Any unclaimed envelopes will be destroyed after the event.

An emergency number for the day is printed on the map. First aid and details of the nearest A&E hospital will be available in the assembly area.

Photography:

British Orienteering has an agreed national guidance policy on the taking of photographs at events. If you are unsure about the agreed acceptable practice, please speak to the event organiser.

Privacy & Personal Data:

When entering events your personal details (name, age, gender, club) will appear in the results section on this website. It may also be used to trace missing runners and hired SI cards.

Symbols to scale if this page is printed at A5 size



Scale 1:4000 Contours 2.5m

Symbols: ISSprOM 2019-2

"Forbidden to cross"

Private area

Impassable wall

Out-of-bounds

Impassable fence

Impassable hedge

Impassable vegetation

Special Symbols

- Statue / Monument or Memorial Plaque
- Flood light
- Prominent sign or post
- Seat, bench or picnic table
- Playground equipment
- Boulder

All-Weather sports surface



Underpass or tunnel

Open land

Rough open land

Forest

Vegetation: slow run / walk Undergrowth: slow run / walk

Dense vegetation

Hedge

Distinct vegetation boundary Prominent large tree

Small tree

Sapling or bush

Scattered trees in open area

Building

Canopy

Contour (interval 2.5m)

——— Form line (with slope line)

Earthbank (steep slope) Earthwall

----- Small gully **Small Depression**

Uncrossable area of water

Wide stream

Stream

Ditch Marsh

Narrow Marsh

Seasonal Marsh

Wet pit

Road - heavy traffic

Road - light traffic or paved area

Light-controlled crossing

Paved footpath ==== Unpaved footpath

--- Small footpath

Steps

Wall

Retaining wall

Fence or railing → ⊢ Gate / pedestrian gate