## Do you and your family enjoy RUNNING, JOGGING OR WALKING Come and Try

## ORIENTEERING

around

## St Nicholas Park, Warwick

## Wednesday 1st May

Starts anytime from 6pm – 7.30pm



Outdoor fun adventure navigation sport for all ages, 5 – 85 years.

The sport, combines cross country trail running (or walking) and navigating from point to point - a bit like a treasure hunt and a great opportunity for first timers.

Course lengths: 1.7km for beginners, especially families, a 3.5km medium, 5km + long for more experienced orienteers,

<u>plus</u> for fast runners – a challenge score course, see how many controls you can find in 45 minutes, 10 points scored for each one found.

No need to book, just turn up. Instruction given to beginners on how to use map, electronic timer and compass.



Cost: Juniors £1, Adults £5, timer hire £1.

For more information contact 01926 632189 and see Octavian Droobers Orienteering Club website for details

www.octavian-droobers.org



Octavian Droobers
HE ORIENTEENING CLUB FOR WARMICKSHIRE & COVENTED.

**Octavian Droobers Orienteering Club**