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| OCTAVIAN DROOBERS  The Orienteering Club for Warwickshire & Coventry  Affiliated to British Orienteering  www.octavian-droobers.org/wow  **Warwickshire Orienteering Weekend**  **RUGBY URBAN**  **At**  **Rugby Athletics Track**  Adjacent to The Queen’s Diamond Jubilee Leisure Centre  **On**  **Saturday 25th March 2017** | Clubmark_logo_2clr_S web | |
| Level B UK Orienteering League UK Urban League WM Urban League  FINAL DETAILS (22 March update) | |  |

Travel: From all directions follow signs for Rugby Town Centre. Nearest postcode for parking is CV21 2SL. If travelling by rail, the station is 1.5km from the Arena. Walk due south on Murray Rd and continue straight onto Whitehall Rd and Bruce Williams Way.

Car Park: All competitors are recommended to park in the John Barford multi-storey CP accessed from James St (CV21 2SL) or Railway Terrace (CV21 3EW). Parking charges are £1 for 3 hrs or £2.50 for 5 hrs. There is an open air car park next to the multi-storey accessed from Railway Terrace which is suitable for small motorhomes. From the CP walk south on Railway Terrace and turn left onto Clifton Rd. Immediately cross Clifton Rd & turn right in to Moultrie Rd. At the T junction turn left on to Hillmorton Rd. At the roundabout turn right in to Bruce Williams Way which is the Leisure Centre drive. It is 1.1km from the car park to the Arena. Please do not use the Leisure Centre car park which is reserved for their users.

Arena: The Arena is at the Rugby Athletics track next to Queen’s Diamond Jubilee Leisure Centre at the south end of Bruce Williams Way. Entry on day, enquiries and download will be in the Arena clubhouse.

Times: EOD & Enquiries from 12.30 to 14.30

Start times from 13.00 to 15.00 except junior courses

Junior Courses 6 & 7 have start times from 14.20 to 15.00

Courses close at 16.30.

Entries: Entry on line is now closed.

Entry on the day will be available subject to map availability.

Courses 3 & 4 have very limited availability.

Course 6 for MW16- entries has no availability.

Entry on the Day Fees: Adults £ 11.00 EMITag hire is included in the entry fee Juniors £ 6.00

Electronic punching: The EMIT contactless electronic punching system will be used. EMITags will be issued in the start lane. A demonstration control will be available in the assembly area. It is the competitor’s responsibility to ensure that their EMITag has registered at each control, start and finish.

Terrain: Typical flat and runnable town centre and urban terrain. The event will use a hospital grounds for, we believe, the first time on an urban orienteering course and we thank Hospital of St Cross for their enthusiasm in supporting our event. It is a busy working hospital so please give due consideration to any patients, hospital staff and visitors you may encounter.

Courses 1 – 3 may encounter two narrow passageways on their course which are only one person wide. Please give way to any pedestrians coming the other way.

Some areas of the town may be busy so beware of pedestrians, cyclists and traffic.

The final run-in is on a synthetic running track so no metal spikes please. Shorts are allowed.

Course Details:

Expect actual running distances to be up to 50% longer than straight line lengths listed below.

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| Course | Men | Women | Length (km) | Climb m | Controls |
| 1 | MO Open |  | 7.1 | 55 | 32 |
| 2 | MV 40+ Veteran | WO Open | 6.4 | 50 | 32 |
| 3 | MSV 55+ SuperVet | WV 40+ Veteran | 5.0 | 40 | 28 |
| 4 | MUV 65+ UltraVet | WSV 55+ SuperVet | 3.7 | 25 | 23 |
| 5 | MHV 75+ HyperVet  M Novice | WUV 65+ UltraVet WHV 75+ HyperVet  W Novice | 3.0 | 25 | 16 |
| 6 | MJ 16- Junior | WJ 16- Junior | 3.5 | 25 | 24 |
| 7 | MYJ 12- Young Junior | WYJ 12- Young Junior | 2.1 | 10 | 18 |

Juniors: Juniors under 16 on the day of the event can only run on courses 6 or 7 depending on age. This is for safety reasons to avoid un-marshalled road crossings.

New to Orienteering ? : Suggested course to try orienteering for the first time – course 5 (all ages except juniors under 16 on the day – see above)

Map: This is a new area - mapped by Mike Hampton in 2016.

Maps will be on waterproof paper - size A3+ for courses 1 – 3 and A4+ for courses 4 - 7, scale 1:5,000.

PLEASE NOTE - Fence tags have been omitted where they would compromise legibility of the map.

As an aid to navigation – and to make some of the narrower alleyways easier to see – the ‘forbidden to cross’ line symbols for fence, wall or hedge may be used as the boundary to olive green ‘out of bounds’ areas. The symbol used shows the prevalent type of boundary that the competitor sees when passing by. More generally – and particularly in the residential areas where these boundaries change often – the pavement edge symbol is used.

Race Numbers: All competitors must collect their race numbers from the Arena area. Bibs are required for safety reasons. They ensure that competitors are recognised as taking part in an orienteering event. Competitors are requested to complete their details on the reverse of the bib.

Control Descriptions: Control descriptions will be printed on the map. Loose control descriptions will be available in the start lanes. Please note that loose control descriptions for courses 1 – 3 are 24cm long.

Start: The start is just outside the Athletics Track. Call up is at your start time minus 4 minutes for EMITag issue and check. Please have your bib visible at the start. Loose control descriptions will be available at -3 minutes. Blank maps displayed at -2 minutes. Young Junior course 7 maps will be available at the pre-start. It will be a contactless "punching" start. It is the competitors’ responsibility to ensure that their EMITag registers (flashing light) at the start and at all subsequent controls. The finish is in the Arena.

Finish & Download: When you have finished your run please go directly to Download in the clubhouse. Do not approach the Start area again before downloading as this may erase all your run information..Please have your bib visible at Download.

Compulsory Safety Check: There will be an electronic EMITag safety check at -4 minutes. This will record all starters and will be used at download to ensure that all competitors are accounted for. IT IS THEREFORE ESSENTIAL THAT ALL COMPETITORS WHO START REPORT TO DOWNLOAD EVEN IF THEY DO NOT COMPLETE THEIR COURSE.

Safety and First Aid: All competitors take part at their own risk. They are responsible for their own safety and that of fellow competitors and members of the public. First Aid will be provided in the Arena area. Emergencies must be directed to A & E. The nearest A & E is at University Hospital, Clifford Bridge Rd, Coventry CV2 2DX.(GR SP377804) which is within 10 miles of the competition area. There is also an Urgent Care Unit, for minor injuries, at the Hospital of St Cross, Barby Rd, Rugby CV22 5PX which is on the orienteering map.

The Event Risk Assessment is available at Enquiries for you to read about any event specific risks you may require information on. If you become lost please ask for directions back to the Arena which is at The Queen’s Diamond Jubilee Leisure Centre.

Insurance: British Orienteering members will be covered by British Orienteering Public Liability Insurance. All other competitors will be covered by that public liability insurance for a maximum of three British Orienteering registered events. Joining Octavian Droobers includes British Orienteering membership.

Facilities: Toilets are available at the Arena clubhouse and at the Queen’s Diamond Jubilee Leisure Centre. A cafeteria is open at the Leisure Centre. Please use this facility to recognize their tremendous support for the event.

Traders: Ultrasport

Organiser: Phil Kirk OD – [philkirk2929@gmail.com](mailto:philkirk2929@gmail.com) 01926 632189 07785 777075 (before 8pm)

Planner: David Lawson OD

Controller: Mike Forrest BOK

More info: Occasionally circumstances may force late changes. Please check on the club website [www.octavian-droobers.org](http://www.octavian-droobers.org) a few days before the event.

Special symbols for urban/sprint orienteering – If you are not familiar with the special symbols used in urban/sprint orienteering please search ‘*maprunner sprint map symbols’* and download the sprint symbolsjpg as quite a few of these are used on the map.

V10 FINAL 22 March 2017