DAVENTRY COUNTRY PARK EVENT 19-1-2019

Location: parking, start and finish , at the main visitor centre OS SP575641 sheet 152 post code NN11 2JB ,note this is not the park run venue .I suggest if feeling fit run the excellent Daventry park run then O with us. Car parking is £2 ,you have to enter your plate number .There are toilets and a cafe.

COURSES Yellow 1.5km 11 controls, Orange 2.0km 15 controls

Medium 3.6 km ,50m climb, 20 controls and Long 5.5km 60 m climb ,24 controls UNDER SIXTEENS CANNOT RUN THESE COURSES as they involve road crossings

Map: 1:7500 5m contours Phil Kirk's map updated by Bruce Bryant and using some of Mike Hampton's new Daventry North urban map. Thank you all.

Entry Fees : Senior £5 ,Junior £1, plus £1 Emit hire

Registration: from 10 to 11-30am starts from 10-30 to 12am

Daventry Country Park can get busy please show courtesy to other users. Watch out for slippery wooden bridges. Cyclists do use the park watch out from them. The medium and long courses can cross minor roads which are not busy but please take care. The old railway embankment is steep take care on it especially if it is wet. Main roads are clearly marked as out of bounds do not cross them .