

## Easy course

1	Anya Proctor	IND W10	36:04
2	Joseph Proctor	IND M10	36:07
3	Roger Proctor	IND M40	36:09
	Vivianne Lawson	OD W55	dnf
			<i>No finish time</i>
	Jackie & Noel Walsh	IND W35	dnf
			<i>No finish time</i>

## Long course

1	Alistair Landels	OD M55	30:25
2	Kin Wai Lee	OD M21	36:16
3	Juliette Soulard	OD W50	39:23
4	Tsz Fung Yu	OD M21	42:14
5	Bruce Bryant	OD M65	43:01
6	David Leadley	OD M55	44:04
7	Richard Hunt	SYO M50	44:05
8	Anne Straube	OD W45	45:04
9	Jonah Hearn	WCH M14	45:18
10	Mark Rookledge	OD M55	45:23
11	Eoin Hankinson	OD M20	46:22
12=	David Cladingboel	LEI M55	46:53
12=	David Knott	IND M20	46:53
14	Mykyta Chubynsky	OD M45	48:26
15	Simon Thompson	HOC M55	49:06
16	Craig Thompson	HOC M14	50:37
17	Liz Phillips	OD W55	52:42
18	Stuart Duckworth	WCH M45	53:13
19	Ka Man Leung	OD W21	64:20
20	Karen Thompson	HOC W55	64:30
21	Cato Hastings	OD W21	70:21
22	Iain Phillips	LEI M55	72:08
23	Peter Hornsby	LEI M70	82:50
mp	David Lawson	OD M60	50:15
			<i>Missing no 16</i>

## Medium course

1	Max Straube-Roth	OD M14	32:00
2	Charles Nelson	HOC M70	46:51
3	Chris Dwyer	OD M70	49:13
4	Mike Hampton	OD M75	51:12
5	David Leadley	OD M55	52:20
6	Mike Baggott	OD M70	55:29
7	Janet Richardson	OD W70	62:17
8	Robert Brandon	OD M70	64:37
9	Mick Sadler	HOC M70	66:53
10	Peter Chick	LEI M75	67:44
11	John Marriott	LEI M75	69:34
12	John Bowman	OD M80	72:56
13	Philip May	OD M70	74:18
14	Sue Hallett	OD W75	74:34
15	Julian Hankinson	OD M50	75:19
16	Jane Stew	OD W65	80:02
17	Hilary May	OD W65	89:02
18	Luke Jenkinson	IND M21	90:07
19	John Middler	OD M70	101:52
	Barry McGowan	HOC M75	dnf
			<i>No finish time</i>

Card 9101826

Margaret Willdig

Peter Leake

Adam Landels

OD W20 dnf

*No finish time*

OD W70 rtd  
*Missing nos 8,15-22*

LEI M80 rtd  
*Missing nos 18-22*

OD M14 rtd  
*Missing nos 14-23*

## Short course

1	John Boden	OD M75	60:21
2	Lesley Allen	IND W60	74:59
mp	Ernie Williams	LEI M80	50:46
			<i>Missing no 10</i>
	John Bant	HOC M75	dnf
			<i>No finish time</i>
	Elizabeth Urquhart	OD W65	rtd
			<i>Missing nos 16-19</i>