

Long course

1	Iain Stamp	WCH M40	42:27
2	Chris McCartney	HOC M55	47:20
3	Tsz Fung Yu	OD M21	48:29
4	Juliette Soulard	OD W50	48:53
5	Adam Landels	OD M16	50:08
6	Helen Elkington	OD W21	54:36
7	Mark Stodgell	WCH M50	56:47
8	Max Straube-Roth	OD M16	58:32
9	Anne Straube	OD W45	58:48
10	Philip Ainsley	OD M21	62:00
11	Mykyta Chubynsky	OD M45	64:59
12	David Allard	HH M40	70:17
13	Tony Feltbower	OD M70	73:28
14	Stuart Turnbull	OD M55	82:45
15	Andy Barker-Pilsworth	RAFO M50	85:33
16	Lucy Tsuchida	IND W21	109:08
17	Oliver Williams	IND M21	109:10

Medium course

1	Geoff Trewin	HOC M70	42:55
2	Liz Phillips	OD W60	44:37
3	Fraser Stamp	WCH M14	47:43
4	Adam Kent	SYO M55	48:01
5	Stan Alexander	OD M70	49:01
6	Olivia Stamp	WCH W16	49:51
7	George Normand	LEI M75	55:56
8	Chris Dwyer	OD M70	60:21
9	Mike Hampton	OD M75	64:47
10	Rachel Alexander	OD W65	68:25
11	Janet Richardson	OD W75	72:17
12	Alistair Ross and Family	IND M40	78:38
13	Philip May	OD M70	88:45
14	Melanie Elkington	OD W60	88:58
15	Trevor Simpson	OD M85	90:43
16	Rodney Hugo	OD M80	98:08
17	Zeph Grant	LEI M55	100:09
18	Susan Grant	LEI W55	100:18
19	Sarah Webb	BOF W45	103:11
20	Hilary May	OD W70	125:08
mp	Jane Stew	OD W65	101:15
		<i>Missing no 6</i>	
	Lucy Allard	HH W40	rtd
		<i>Missing nos 10-17</i>	

Easy course

1	Marshall Moore	IND M14	36:49
2	Isobel Webb	IND W10	57:52
3	Suzanne Gould	IND W60	121:58

Short course

1	Richard Windsor	OD M60	37:21
2	Marieluise Horne	IND W45	68:08
3	Sue Bicknell	LEI W80	74:30
4	Hilary Simpson	OD W85	83:03
mp	Donald Moir	LEI M90	71:59
		<i>Missing no 10</i>	